

Children's Connection Curriculum

Session Topic: Fruit and Veggies Crossword Puzzle (Food and Safety)

Developmental Level: Elementary and Middle School

Purpose: To create conversation about food safety and the different fruits and veggies.

Materials Needed: Worksheet "Fruit and Veggies Crossword Puzzle" and Answer Key

Description of Session: This could be completed during a food group or just as a regular session. Have students complete the word search and ask questions throughout about the different fruit and veggies that are on the worksheet. Review completed word searches.

Discussion Questions: Ask students what they know about the different fruit and veggies. Have them share if they have had the fruits and veggies. You could bring examples of some of the fruits and veggies too.