

Children's Connection Curriculum

**Session Topic:** Grocery Store and Food Groups

**Developmental Level:** Elementary School

**Purpose:** To create conversation about the different food groups in the grocery store.

**Materials Needed:** Grocery Store Word Searches and Answer Keys. Grocery Shopping Coloring Sheet

**Description of Session:** This could be completed during a food group or just as a regular session. Have students complete the word search and ask questions throughout about the different items found in a grocery store that are on the worksheet. Review completed word searches.

**Discussion Questions:** Ask students what they know about the different food groups in the grocery store. Have them share about times they have been in the grocery store. This could be taught with a lesson on Nutrition Labels.