

Puzzle Instruction

Goals

1. Assess family relationships
2. Enable verbalization of feelings

Materials

- Paper
- Coloring supplies
- Copies of Puzzle
- Envelopes
- Magazine pictures
- Scissor
- Tape

Advanced Preparation

Make copies of the puzzle on construction paper. Glue a magazine picture to the back side of the puzzle according to the children's different interests. Cut the puzzle along the dotted lines and place the pieces in an envelope

Description

Provide the child with a puzzle. Have the child complete the questions on the puzzle pieces, help younger children complete question. Once all questions are answered have the children assemble the puzzle and tape it together. Have the child turn over the puzzle to reveal the picture. As an adjunct activity, have the children draw a family portrait.

Discussion

This activity gathers information related to family functioning and dynamics. The child's perception of the family is an important area to incorporate into the assessment. The puzzle and the family portrait provide significant diagnostic information, which are used as tools for further exploration. The exercises aid the counselor in formulating goals for family intervention.