

Children's Connection Curriculum

**Session Topic:** Interactions/Social Skills (More Than Four)

**Developmental Level:** Middle School

**Purpose:** To enhance teamwork by cooperating to come up with creative and acceptable answers

**Materials Needed:** stopwatch of any kind

**Description of Session:**

1. Break the group into at least two teams. Instruct them that they will have 30 seconds to come up with at least 4 answers for each question they get asked. They can receive additional points by naming More than Four in thirty seconds. Counselor is final judge on whether or not answers fit the category.
2. Give the first team a category question, then start the stopwatch for 30 seconds. They receive point if they can name at least 4 in that category (with the option for additional points). Examples of categories: Places that are Calming, Ways to Stay Organized, Emotions that Start with 'S', Games Played in a Gym.
3. Have the teams taking turns answering their categories. Give a prize at the end to keep them motivated, if you choose!

**Discussion Questions:**

1. What helped you work well with your teammates?
2. What categories were difficult to answer? Which were easy?
3. What was the toughest part about coming up with More than Four?

Reference: <http://www.themiddleschoolcounselor.com/2015/03/can-you-name-more-than-4-game-to-get.html>