

Children's Connection Curriculum

Session Topic: Abuse (Wiring your Brain)

Developmental Level: Middle School

Purpose: Challenge your brain and how it thinks. Teach about how your brain and thinking can be affected by the choices that you make in your life.

Materials Needed: Copy of "Wiring you Brian" article, "Train your Brian" worksheet, "Word Winks" worksheet

Description of Session: Read article and talk with students about what they know about brain development and the things that can affect the way you think. Follow questions on the page to create discussion about substance abuse on the brain and it's development. Provide worksheets for students to complete and follow questions within the article.

Discussion Questions: Follow questions throughout the article regarding questions about the brain and development related to substance abuse.

Reference: Children's Connection Counselors and Scholastic website