

Children's Connection Curriculum

Session Topic: Social Skills/Interactions (Genograms)

Developmental Level: Elementary and Middle School

Purpose: To connect and look for patterns of behaviors within families of students.

Materials Needed: Copies of blank genograms, pencils, markers

Description of Session: Share with students about what a genogram is and provide them each with a copy. Have students fill out the genogram the best they can with their family members. Have them share about if there are connections between members, such as if they have the same patterns of behaviors. Provide example such as alcoholism, incarceration, job, etc. Talk about how the negative patterns do not need to continue and they can stop the cycle. Provide another blank genogram and have them create a future for them and what they would like to see in the upcoming generations in their family.

Discussion Questions:

1. Share about people in your family?
2. Share about any patterns that are seen between family members?
3. How do you think your future will be in as you see your family's patterns?
4. What do you want for your future generations.

Reference: Children's Connection Counselors