

Children's Connection Curriculum

Session Topic: Social Skills (Kind Words Collection)

Developmental Level: Elementary and Middle School

Purpose: To encourage students to learn about the power of kind words to others and encourage them to use kind words with others.

Materials Needed: Paper cut in strips or squares, pen/marker/pencil, box or envelope to put slips of paper in, 30 Kind Things to Say worksheet

Description of Session: Present the topic of using kind words and encourage students to think of as many kind words as they can. Ask them to explore when they would use the identified kind words and have them role play the different situations. Ask about who has shared kind words to them and how it made them feel to have kind words used toward them. Have each student write down different kind words on the slips of paper and put them in the box or envelope. Label the box or envelope, "Our Kind Words" and put each student's name on the box or envelope. The box or envelope should be kept in the group room and reviewed from time to time to remind students to use kind words to others not only in the group, but in school, at home, on the playground, etc.

Discussion Questions: What does it feel like when kind words are shared with you? What does it feel like when using kind words toward others? What different situations can kind words be used in?

Reference: A Leader Guide to "I'm like you, you're like me" pg. 56